

**SAVE THE DATE:
28-29 June 2017**

Melbourne CBD

Collaborative Couple Therapy Workshop

Presented by Dan Wile, PhD

A two-day workshop providing a unique model for therapists to move couples beyond a spiral of alienation and into a cycle of connection.

Even experienced therapists can be challenged in their efforts to move couples beyond the patterns of intense adversarial interaction and withdrawal that frequently characterise couple conflict.

This workshop will present the principles of the model and equip participants to begin to use doubling - the signature method of this approach - in their own therapeutic work. Doubling involves the therapist speaking as if they were one of the partners talking to the other.

Workshop attendees will learn to:

- act as a spokesperson and advocate for each partner
- identify and highlight each partner's struggles
- find ways to empathize with both partners, even when this is challenging
- identify and respond to issues before they escalate
- identify wishes or needs that may be expressed as complaints or demands
- help partners to be joint troubleshooters in dealing with relationship challenges.

About the presenter

Dan Wile is a clinical psychologist with a private practice in California, and the developer of Collaborative Couple Therapy. He is an Assistant Clinical Professor at the University of California, Berkeley, where he also received his PhD. He has 40 years' experience as a couple therapist. Dan has published several books on couples therapy and delivers workshops on couples therapy around the world. He is a Diplomate in Clinical Psychology of the American Board of Professional Psychology.



When

9:30am - 4:30pm, 28 - 29 June 2017

Venue

DoubleTree by Hilton
270 Flinders Street, Melbourne

Registrations

Limited places available. Register before 2 May to receive the special early bird rate.

- Early birds: \$750 (students \$650)
- Standard: \$850 (students \$750)

Visit www.rav.org.au/CollaborativeCT to register, or call (03) 9261 8702 or email ravtraining@rav.org.au for more information.

“Wile is a genius and the greatest living marital therapist.”

- Dr John Gottman

Relationships Australia®

VICTORIA