

About Relationships Australia Victoria

Relationships Australia Victoria (RAV) is a community-based, not-for-profit organisation with no religious affiliations. We have over 70 years' experience providing family and relationship support services. Our vision is for positive, respectful, safe and fulfilling relationships for all Australians.

Our services are for all members of the community, regardless of their religion, age, gender, sexual orientation, lifestyle choice, cultural background or economic circumstances. We are committed to ensuring that our services are relevant, inclusive and accessible.

We provide our services from 15 centres across metropolitan Melbourne and regional Victoria, through additional outreach locations, and via telephone and online platforms.

For more information about RAV, visit www.rav.org.au



Relationships Australia Victoria acknowledges the Aboriginal and Torres Strait Islander peoples as the Traditional Owners of the lands and waterways of Australia. We support Aboriginal people's right to self-determination and culturally safe services.



Relationships Australia Victoria acknowledges the support of the Victorian Government.

*Cover image for illustrative purposes only.

Men's Case Management Program

Do you want to develop a caring and respectful relationship with your family?
Are you living the life of the man you want to be?

This free program supports men to set goals to live a happier and more positive life.



Relationships Australia

VICTORIA

Who can use the program?

The Men's Case Management Program offers individual support for men aged 18 years and over who want to take responsibility for and change their behaviour, but who are struggling with other challenges that are making change difficult.

These challenges may include:

- housing difficulties and homelessness
- drug and alcohol use
- mental health issues.

How is the program provided?

The program can be provided face-to-face or by telephone. We will work with you to develop your goals to address the following areas of the program.

Coordinated access to services to assist you with:

- accommodation
- mental and physical health problems
- drug and alcohol use
- parenting issues
- finances
- legal issues
- employment
- social supports.

Education about family violence

- Understanding the impact of abuse, control and violence on family members.
- Understanding the impact of family violence on children.
- Referral to a Men's Behaviour Change Program.

Family safety support

Family safety is a vital part of the program, so our staff will make contact with your family members to offer them support and assistance they might need.

We do this because people exposed to or affected by family violence also need support.

Getting started

To get started, contact one of our centres in Boronia, Kew or Cranbourne North to make a time to meet privately with one of our case managers and talk about your circumstances.

If the program is suitable for you, we can provide you with up to 20 hours of support over a period of time that meet your needs.

During this time, your case manager will work together with you to identify your goals that are related to your behaviours that you want to change, and they will connect you to relevant support services. In some circumstances, we may also be able to provide assistance in meeting costs associated with accessing these services.

Contact us

To find out more about the program or to make an appointment with a case manager, please contact your nearest centre.

Boronia and Kew

Phone: (03) 9261 8700
Email: mcmkew@rav.org.au

Cranbourne North

Phone: (03) 5911 5400
Email: mcm@rav.org.au

Cost

This program is fully-funded and provided at no cost to clients.