

Who we help

We support all Victorians in all stages of life.

Our services are for all members of the community, regardless of their religion, age, gender, sexual orientation, lifestyle choice, cultural background or economic circumstances, and we are committed to ensuring that our services are relevant, inclusive and accessible.

We welcome people from vulnerable and disadvantaged, culturally and linguistically diverse, and Aboriginal and Torres Strait Islander backgrounds, and members of lesbian, gay, bisexual, transgender, intersex, queer, asexual (LGBTIQ+) communities.



We can support individuals, couples and families; parents, children and young people; and older people, including grandparents. We also provide services to workplaces, organisations and schools within the community.

Our whole-of-family approach means that the needs and goals of all family members are considered.

The safety of our clients, staff members and the community is our priority.

What we can help with

We know that positive, respectful, safe and fulfilling relationships are the key to health and wellbeing.

We can provide services to support you and your family with a wide range of issues, such as:

- relationships with your partner, family or friends
- separation and divorce
- parenting
- physical/mental health
- family violence
- grief and loss
- managing change
- stress
- ageing and retirement
- loneliness and isolation
- other issues that are affecting your relationships, or causing you concern.

Who we are

Our vision is for positive, respectful, safe and fulfilling relationships for all Australians.

Relationships Australia Victoria (RAV) is a community-based, not-for-profit organisation with no religious affiliations. We have over 70 years' experience providing family and relationship support services.

Our people

Together, we focus on ensuring that our clients' needs are at the forefront of everything we do.

Our staff are highly skilled and qualified professionals, with expertise in counselling, family dispute resolution, family law, family violence, children and families, relationships and professional training.

Where we are

We provide our services from 15 centres across metropolitan Melbourne and regional Victoria. We also deliver some services through additional outreach locations, online and over the telephone.

As well as delivering services, we focus on enhancing relationships and social connections for Victorians through outreach programs, engagement initiatives and community events.

More information

Call 1300 364 277 (local call cost)
Email enquiries@rav.org.au
Visit www.rav.org.au

Funded by the Australian and Victorian Governments.

Images for illustration purposes only.



Accredited by HDAA. Achievement of Accreditation to ISO 9001:2015 provides service users with confidence that Relationships Australia Victoria has effective management systems in place that are regularly reviewed.

Who we are How we can help



Relationships Australia[®]

VICTORIA

Our services

We're committed to providing high-quality, effective and accessible services that have a positive impact in the lives of our clients.

Counselling

Counselling provides the opportunity to talk about any difficulties, challenges or concerns, in a safe, supportive and collaborative environment. It can help you to find positive ways to manage your situation.

We provide counselling for individuals, including children and young people, couples and families. We also provide a program for couples who are planning to marry or commit.

Family dispute resolution (mediation)

Family dispute resolution, also known as mediation, helps couples who are separating to resolve their family law disputes. These include conflicts about parenting and the care of children, child support, financial arrangements and property settlement. We can also offer elder mediation.

Relationship education courses and groups

Our courses and groups help you to share experiences, connect with others and learn new skills to improve your situation. Programs are provided for children, young people, parents, couples, people who have separated and those who are impacted by family violence.



Family violence services

We provide specialist family violence prevention, support and recovery services that aim to reduce violence and enhance the safety of victim survivors.

Our services include 20-week men's behaviour change programs, for men who use family violence to take responsibility for changing their behaviour and to have respectful relationships. We also provide a men's case management program, which supports men who use family violence and whose circumstances, including housing, mental health, and drug and alcohol issues, are barriers to their behaviour change.

A key component of these and other programs is our Family Safety Model, which uses a holistic approach to family safety by providing risk assessments, safety planning and support to the partners, former partners and children of the men in these programs.

We provide specialist family violence counselling and group programs for women impacted by family violence.

We also deliver "I like, like you", a family violence prevention program for primary and secondary schools.

Counselling and Support - For People Affected by the Disability Royal Commission

We provide free and confidential counselling and support for people affected by the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability.

Forced Adoption Support Service

We provide free and confidential counselling, support and information for people affected by past forced adoption policies and practices.

Redress Support Services

We provide free and confidential support for anyone making, or considering making, an application through the National Redress Scheme.

Professional training

We are a Registered Training Organisation (RTO 21977) and deliver quality, research and evidence-led professional training in areas related to families and relationships.

Our courses include the Graduate Diploma of Family Dispute Resolution CHC81115, the Graduate Diploma of Relationship Counselling CHC81015 (with a Focus on Family Violence), a Mediation Skill Set (CHCSS00110) Short Course and a Specialist Course in Couple Therapy.

We provide a range of professional development workshops and short courses for professionals in the community services, education and legal sectors. We can also deliver tailored training customised to workplace needs.

Other programs and services

Aboriginal and Torres Strait Islander services

Working closely with Aboriginal organisations and community groups, we deliver services to meet the needs of Aboriginal and Torres Strait Islander people. Visit www.deadlyrav.com.au

connectEDspace

Our website designed for and dedicated to young people. Visit www.connectEDspace.com.au

early matters

A program in areas of Ballarat and Sunshine to promote and strengthen healthy family relationships.

headspace Bairnsdale and headspace Wonthaggi

As the lead agency for these centres, we support young people aged 12 to 25 to improve their wellbeing and mental health.

i-Connect

Our Family Mental Health Support Service in East Gippsland.

Workplace and employee support services

Employee assistance programs, post-incident debriefing and support, conflict resolution and training to maintain and improve the health, functioning and productivity of employees and workplaces.