

## General resource

## Quotes from children

We have sought responses to *Cassie* from children and have obtained permission to share these responses. They give parents, in particular, examples of the kind of conversations that might be generated with different age groups. We welcome any additional feedback relating to children's comments and reactions to *Cassie*, if appropriate to share them.

### Quotes from a 10 year old

- "I'm like Cassie. It's okay to be different." - 10 year old in therapy.
- "She's such a good drawer, the pictures are amazing."

### What is the message of the book?

- "Don't make fun of people because you never know what might happen."
- "Cassie has a good sense of self and is resilient."

### How could the book be helpful?

- "Don't judge people by their look."
- "Kids can be really clever, cleverer than adults."

### How do you feel after reading Cassie?

- "It reminded me of when I came up with a solution to feed Nan Nan's dog and saved his life (putting food on a stick)."
- "I feel happy for Cassie because she stood up for herself. Little weaker kids get bullied. She was a kid as well but she wasn't weak."

## Cassie

the upside down koala



### Quotes from a 5 year old:

#### Is this a good book?

- "Yep."

#### What was your favourite part of the book?

- "I like the part where they say the upside down bits, the girl. (I just love hanging upside down)."

#### Did they make fun of her or think she was wonderful?

- "They made fun of her."

#### What did they think of Cassie at the end of the book?

- "They think her was wonderful."

#### What does it feel like when others make fun of you or are rude?

- "It feels bad."

#### When you feel bad, how do you manage that?

- "I don't know. I just tell Mum and Dad."

#### Was Cassie clever or silly?

- "Clever because she seed the eagle."

#### Is it good to be different or be the same?

story by Amaryll Perlesz  
illustrations by Mina Shafer

- "Be the same..... it's good to be different. You do different stuff."

#### Have you ever been a hero?

- "No."

#### Have you ever been clever?

- "I am clever."

#### How have you been clever?

- "I think different stuff."

#### After reading Cassie, do you feel happy or sad or something else?

- "Something else. Super dooper happy. So happy that I want to keep the book forever."

#### Why is it a good book?

- "Because she sees the eagle."

#### Who are you most like?

- "I like playing the best."

### Insert quote

*Good Ships* is an initiative of Relationships Australia Victoria to produce a series of engaging, beautifully illustrated story-books for children, with accompanying resources for parents, teachers and counsellors. The books can be read simply for pleasure, but each is also focused on a challenge or difficulty children commonly face. The idea behind the series is a simple one: stories help us connect, grow, learn, and heal. For more information visit [www.rav.org.au/goodships](http://www.rav.org.au/goodships)

